

Advisory Council on Aging and Disability Services

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Creating choices for elders and adults with disabilities in Seattle-King County

Monthly Meeting April 11, 2003

Senior Services Lillian Rice Center
2208 Second Avenue, Seattle, WA 98121

ADVISORY COUNCIL

- Present:** Marc Avni, Cleo Corcoran, Larry Verhei, Martha Becker, Yolanda Sanchez-Lovato, John Kennedy, Joanne Brekke, Helen Spencer, Adam John, Lisa Yeager, Alexandra Tu, Timmie Faghin, Larry Low, Will Parry, Thelma Coney and Gabe Cohen
- Excused** John Holecek and Mae Shields
- Absent:** Richard McIver, Steve Colwell, and Suzanne Wiley
- Guests:** Steven Garrett, Steve Bauck, Shamia Belgarde, and William Willow

ADS STAFF: Pamela Piering, Selina Chow, Georgiana Arnold, Linda Wells, Margaret Casey, and Ozell Bledsoe

MINUTES

This Advisory Council meeting was held at the Senior Services Lillian Rice Center. Jan Knutson, President and CEO of Senior Services, guided Council members, ADS staff and guests on a tour of the new facility.

Cleo Corcoran, Chair, convened the monthly Advisory Council business meeting at 12:00 p.m., thanked Jan Knutson for the tour and asked everyone to introduce themselves. She introduced the guest speakers Steve Bauck and Steven Garrett; who will talk about Food Security.

Program Topic: Food Security

- **Steve Bauck, Director, Hunger Response Network, Northwest Harvest** provided operational definitions of the terms: Food Security, Food Insecurity and Hunger; and reported on Hunger and Poverty Issues affecting seniors including: poverty thresholds for seniors, impact of food insecurity, food bank usage and food stamp program participation among seniors. He reported that nationally “even though the poverty rate for seniors has gone down, it is still higher than all other industrialized countries except Australia”; and that the “impact of food insecurity may be higher due to the higher incidence of chronic disease, overall lower consumption of essential nutrients and other factors associated with aging”; and also that based on a study by Brown University “Washington State in the period 1998 – 2000 had the second highest rate of hunger in the country (after Oregon).”

In association with the Area Agency on Aging for Seattle-King County and sponsored by:



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Steven Garrett, Community Food Systems/Nutrition WSU Cooperative Extension (Tacoma, WA), using a slide presentation, spoke about “Helping Seniors to Help themselves to Good Nutrition.” He reported on the causes of hunger, the recurrent and involuntary lack of access to food, and of malnutrition, which may result from consuming too little (*or too much*) food or a shortage or imbalance of key nutrients. He also reported on the impact of charity vs. food security approaches, senior poverty and the politics of senior poverty alleviation; and programs to increase senior food security including the Senior Farmers Market Nutrition Program, Food Gardening and the Gleaning Project.

BUSINESS MEETING

It was moved and seconded that the March 14th minutes be accepted as corrected.

Committee and Task Force Reports:

- **Planning and Allocation**

Thelma Coney

- Reported on the 2003 Supplemental Discretionary Allocation process including requests for additional funding made at the April 9th Public Hearing and from written comments. These included requests from Rainbow Train, Seattle Mental Health, Faith in Action and Crisis Clinic, which requested that out of the \$88,000 recommended for respite services, \$8,000 be allocated to Crisis Clinic for emergency caregiver services. Of these requests, only the request from Crisis Clinic was approved by the Planning and Allocations Committee and included in its report for approval by the Advisory Council.

Action: It was moved and seconded, that the Discretionary Supplemental Allocations be approved as submitted by the Planning and Allocations Committee. The motion was followed by a period of clarification and discussion on an issue raised by Councilmember John Kennedy. After considerable discussion, the motion was passed.

- **Outreach and Advocacy Committee**

Gabe Cohen

- **Health Care Task Force**

Martha Becker

- Outreach & Advocacy Committee and Health Care Task Force held a joint meeting this month. Gabe and Larry Verhei reported on the status of the Prescription Drug Bills, both bills are still “alive” although there was talk of combining elements of one into the other in hopes of having a prescription program implemented.

Action: Advisory Council members were urged to contact their Senators to say that ESSB 1214 needs to move out of the Ways and Means Committee and on to the Senate floor.

The meeting was adjourned at 2:00 p.m.

NEXT MEETING

Day/date: **Friday, May 9, 2003**

Time: **12:00 p.m. to 2:00 p.m.**

Place: **13th Floor Conference Room
Alaska Building, 618 Second Ave
Seattle, WA 98104**

Cleo Corcoran, Chair_____